



Englisch

Health professionals in the Darmstadt-Dieburg district

What do family midwives and family paediatric nurses do?

- We support pregnant women and mothers and fathers who need help.
- We accompany you during the first year of your child's life.
- We arrange further support offers for you.
- We are subject to the duty of confidentiality. That means: We tell nothing to anyone. The offer is free of charge for you.

We make home visits

We will visit you at home:

- During pregnancy
- After the birth of your child
- Throughout the first year of your child's life

Advice and support

We will help you with all your questions about your baby.

For example:

- Complaints and problems during pregnancy
- Preparation for the birth
- Planning everyday life with a child
- Nutrition and care for your baby
- How is my child developing?
- What can you do when babies cry a lot?
- All questions about health
- Dealing with offices and authorities

We are here for you!

Family midwives and family paediatric nurses are specifically for:

- Pregnant women and single parents in difficult situations
- Parents who find everyday life with a baby very stressful
- Teenagers who are pregnant and mothers
- Families with money problems or other problems
- Mothers and fathers who need help and support

Contact addresses

Would you like to get in touch?

- You can reach us by telephone from Monday to Thursday 8 am – 12 pm and 1 pm – 5 pm, Friday 8 am – 12 p.m. Counseling Centre for Parents, Children and Adolescents Groß-Umstadt



- Werner-Heisenberg-Strasse 10 64823 Groß-Umstadt
- 06151, 814.77
- FrueheHilfen@ladadi.de
- <https://www.ladadi.de/gesellschaft-soziales/ family-children-and-youth/early-help>